

TRAVELING WITH KIDS: SUMMER PACKING ESSENTIALS

Packing Essentials:

- ☐ Diapers / Pull-ups
- ☐ Wipes (regular + sanitizing)
- ☐ Changing pad
- ☐ Extra clothes (x2)
- ☐ Pajamas
- ☐ Swimsuit & swim diaper
- ☐ Hat & sunglasses
- ☐ Light jacket / hoodie
- ☐ Favorite blanket

In the Carry-On / Easy-Access Bag:

- ☐ Snacks (healthy + a treat)
- ☐ Water bottle / sippy cup
- ☐ Toys (small, quiet, no mess)
- ☐ Activity books / coloring pages
- ☐ Tablet / headphones
- ☐ Extra outfit (for unexpected messes!)
- ☐ Small first aid kit
- ☐ Plastic bags / wet bags for dirty clothes

Sleep Time Must-Haves:

- ☐ Portable sound machine
- ☐ Night light
- ☐ Bedtime book
- ☐ Pacifier (if used)
- ☐ Travel crib / sheet / nap mat

Toiletries:

- ☐ Toothbrush & toothpaste
- ☐ Kid-safe sunscreen
- ☐ Bug spray (if needed)
- ☐ Comb / brush
- ☐ Bath items (shampoo, washcloth, towel)

Optional Items:

- ☐ Stroller
- ☐ Baby carrier
- ☐ Car seat / booster
- ☐ Travel high chair / booster seat
- ☐ Beach gear (towels, floaties, sand toys)